



## Counselling, Support and Training Services

**Pauline Couch - Managing Director & Founder of 'Step4ward'**

### **Private Practice:**

I am based in the Bournemouth area and have a quiet and confidential space for one to one sessions.

I have over 40 years of experience working with Young People and Adults.

I am a fully qualified and experienced Clinical Therapeutic Supervisor for other Counsellors and Support Workers, and a Trainer/Tutor for Adults who support other people or wish to become Counsellors themselves.

If you are in need of Counselling Services, Clinical Counselling Supervision or details of my Practitioner Training Programmes please email me.

My charges are between £30 and £50 per hour depending on the issues to be worked on and of course the financial circumstances of the person accessing my service.

Final charges will be agreed during the initial assessment meeting.

Initial Assessment Meeting £30

Counselling: Young People £30 - £45 (Age dependant 13 - 25 years)

Adults £40 - £50 per session

Personal Therapy for Trainee Counsellors £35

£45 Qualified Counsellors

Clinical Supervision per hour £30 for Trainee Counsellors

£45 Qualified Counsellors



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